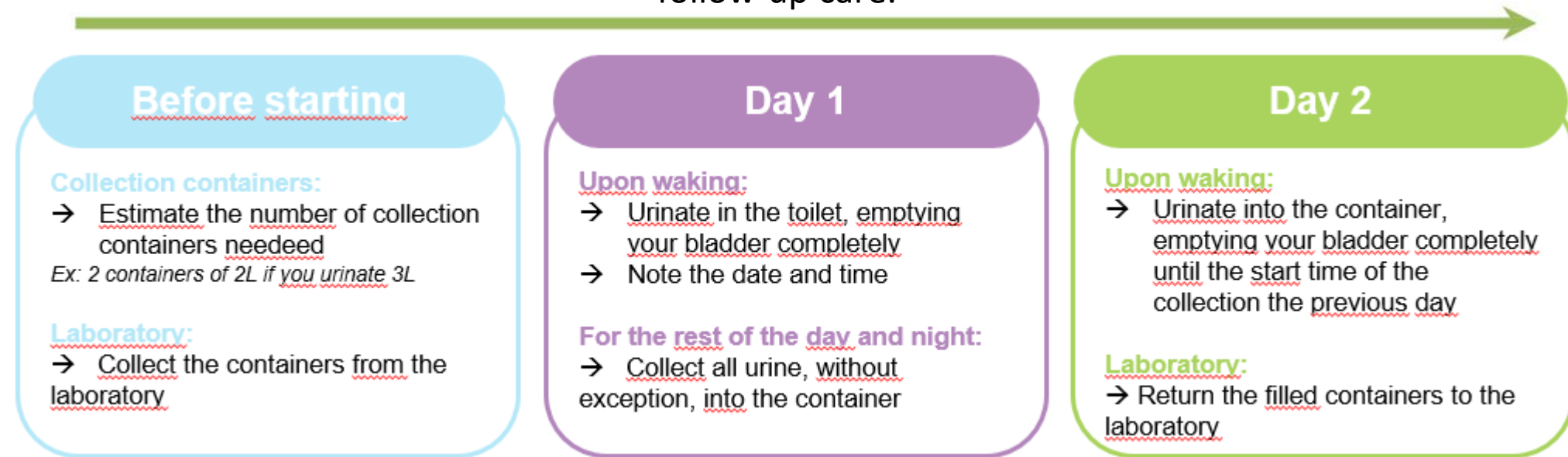


How to collect a 24-hour urine sample ?

The 24-hour urine analysis is essential to evaluate factors that promote kidney stone formation (such as calcium, oxalate, uric acid) or those that have an anti-stone effect (such as citrate and magnesium).

Although collecting urine for 24 hours can be inconvenient, it is absolutely necessary to perform it properly to ensure accurate interpretation. It is initially recommended and often repeated during your follow-up care.



If the volume of urine exceeds the container volume, the remainder can be collected in an empty bottle, of non-mineralized water. It is crucial that the collection is complete. If not, it is better to restart the process.